

## Referrals to CCI

### Who do we treat at CCI?

**Inclusion criteria:** Adult patients who have a clearly defined primary diagnosis in one of the following areas...

- Major Depression or Dysthymia
- Bipolar Disorder (adjunctive to psychiatric management)
- Panic Disorder/ Agoraphobia
- Generalised Anxiety Disorder
- Social Phobia/ Social Anxiety Disorder
- Health Anxiety
- Body Dysmorphic Disorder
- Anorexia Nervosa & Atypical Anorexia Nervosa
- Bulimia Nervosa & Atypical Bulimia Nervosa

**Exclusion Criteria:** Referral to CCI is **not appropriate** for patients who:

- misuse alcohol or other drugs (a referral to Next Step may be more suitable)
- have a concurrent diagnosis in the psychotic spectrum
- are concurrently receiving treatment as an in-patient in a psychiatric hospital
- are currently at a high risk of suicide

### How do I refer to CCI?

- CCI is a statewide service and can accept referrals from all regions.
- Our clinic is situated at 223 James Street, Northbridge, WA, 6003.
- To refer to CCI either use our referral form or send a referral letter including the patient's name, date of birth, contact details and a brief description of their presenting concerns to **Clinic Manager** at **CCI, 223 James St, Northbridge WA 6003** or fax on **9328-5911**.
- A clinician will then assess the person referred, for suitability to join the programme.
- The patient's needs may also be discussed directly with one of the CCI staff (Monday-Friday, 9am-5pm) on **9227-4399**